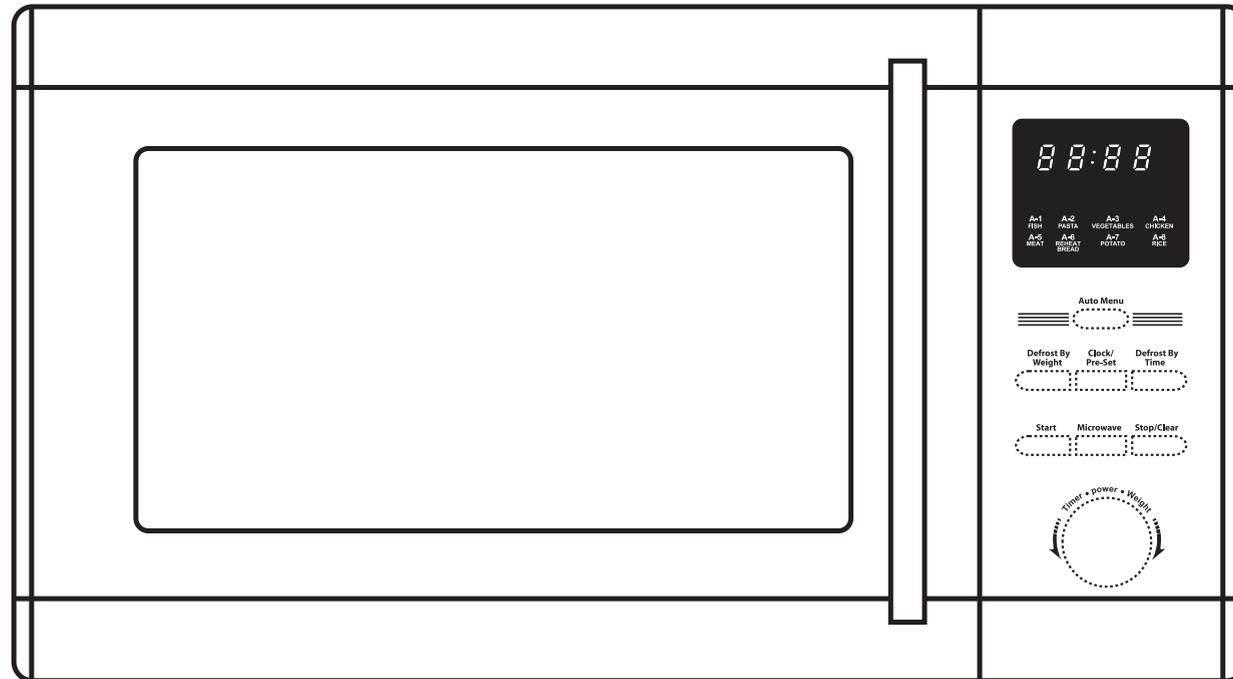


KENWOOD KEN SJSS25



Cooking with your microwave

Instruction booklet

GB

First aid



Treat scalding by:

- 1 Quickly placing the scald under cold running water for at least 10 minutes.
- 2 Cover with a clean dry dressing. Do not use creams, oils or lotions.

Fire



In the event of fire:

- 1 Keep the oven door closed.
- 2 Turn off the power.
- 3 Unplug from mains.

Important Safety Instructions

Please Read Carefully and Keep for Future Reference

Maintenance of your Microwave
It is hazardous for anyone other than a qualified technician to carry out any service or repair operation which involves the removal of a cover which gives protection against exposure to microwave energy.

- 1 If the door or door seals are damaged, the oven must not be operated until it has been repaired by a qualified technician.
- 1 If smoke is observed, switch off or unplug the appliance and keep the door closed in order to contain any flames.
- 1 If the supply cord is damaged, it must be replaced by a service agent or similar qualified technician.
- 1 If you have a pacemaker, please contact your doctor before using a microwave oven.

Microwave use

- 1 This microwave is not intended for commercial use.
- 1 It should never be used for drying clothes or other non-food purposes.
- 1 The microwave should not be left unattended when in use.
- 1 The temperature of accessible surfaces may be high when the appliance is operating.
- 1 To prevent high moisture content gather inside the oven cavity, open the door immediately after the cooking function has stopped to allow steam to escape.
- 1 Only use utensils that are suitable for microwave use. Refer to the section on the correct utensils to use in this appliance.

- 1 Care should be taken so metal objects are not left in the microwave

These include :

- Metal cooking utensils
 - Metal plates or trays
 - Wire twist ties
 - Crockery with metal trims
 - Meat thermometer
- 1 Care should be taken when using paper, plastic, wooden or other combustible materials in the oven as they can catch fire
 - 1 Oil & fat for deep frying should not heated in the microwave
 - 1 Only use cling film designed for microwave use & take extra care when removing the film to avoid steam burns
 - 1 Only heat popcorn that has been designed for microwave use.

Cooking use

As the power of different microwave ovens can vary considerably, care must be taken when first using this appliance as it may cook faster than your old unit.

- 1 Do not leave the appliance unattended during use.
- 1 Only allow children to use the oven without supervision when adequate instructions have been given so that the child is able to use the oven in a safe way and understands the hazards of improper use; DO NOT assume that because a child has mastered one cooking skill he/she can cook everything without close supervision. The microwave MUST NOT be treated nor use like a toy.
- 1 Take care when cooking food with a high sugar or fat content, such as Christmas pudding or fruitcake. The sugar or fat can overheat and in some cases catch fire.

Cleaning

*The oven should be cleaned regularly and food deposits removed. Failure to maintain the oven in a clean condition can affect the life of the appliance and possibly result in a hazardous situation.
(See cleaning your microwave)*

Containers

- 1 Pressure will build up in sealed containers and can cause them to explode. Therefore do not use the following in your microwave:
 - Sealed containers
 - Capped bottles
 - Vacuum containers
 - Sealed jars
 - Hard-boiled egg
 - Eggs in their shells
 - Nuts
- 1 Always pierce the skin of fruit and vegetables, such as potatoes.

Delayed boiling

Liquids heated in a microwave can boil up when removing them from the microwave.

Take the following precautions :

- 1 Always stir liquids, before & after cooking
- 1 Allow them to stand
- 1 Use containers that are wider at the top than the bottom

Preparing Food for babies

Extra care must be taken when preparing food or drink for babies and small children.

- 1 Always test the food or liquid temperature before giving it to baby.
- 1 When using a baby bottle, ensure the teat is removed before heating.
- 1 When warming milk, ensure the bottle is shaken.



Caution

During cooking, outer surface will become hot, do not touch outer casing of appliance. Care should be taken not to store any items on top of your microwave oven.

Contents

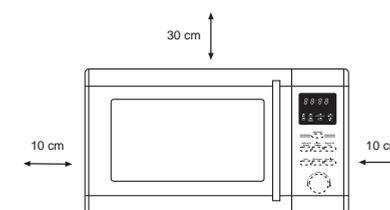
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Unpacking and getting ready

This microwave oven is designed for home use. It should not be used for commercial catering.

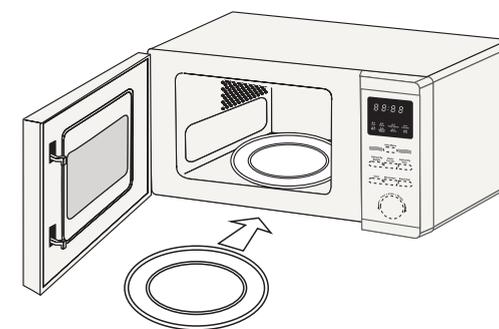
- 1 After unpacking your oven, check that it has not been damaged whilst in the box. Make sure there are no dents, that the door closes properly. A dented or damaged oven could allow microwave energy to escape. Make sure that you have taken all the packaging from inside the oven.

- 2 Choose a flat work surface for your microwave away from heat sources such as radiators or fires, and away from anywhere that is very cold. You should allow a 10cm space all around the oven and 30cm above so that warm air can escape from the vents during cooking – it is not designed to be built in.

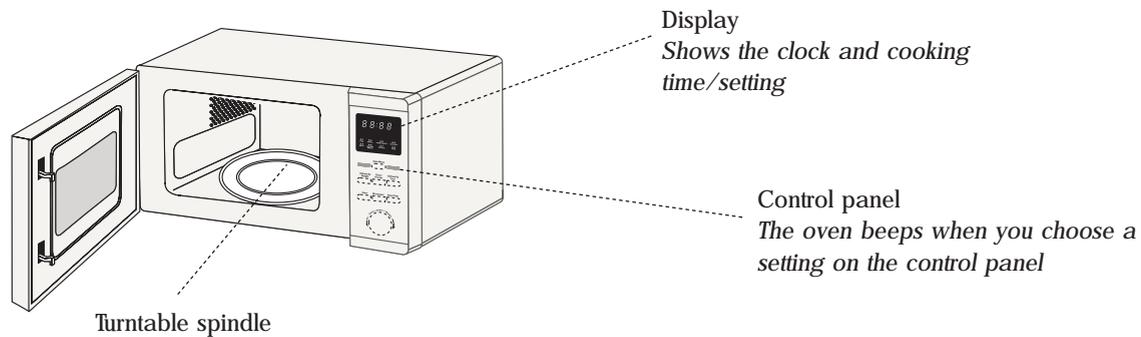


- 3 Plug your oven into a standard household electrical socket (230 volt, 13 amp rated). Avoid using a socket that also has an adaptor and other equipment plugged in.

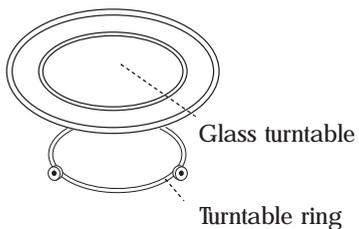
- 4 Put the turntable ring inside the oven and place the glass turntable on top of the ring. The turntable is shaped to sit securely on the spindle. You must always use the turntable and ring whenever you use the microwave.



Getting to know your microwave



Accessories: (included)



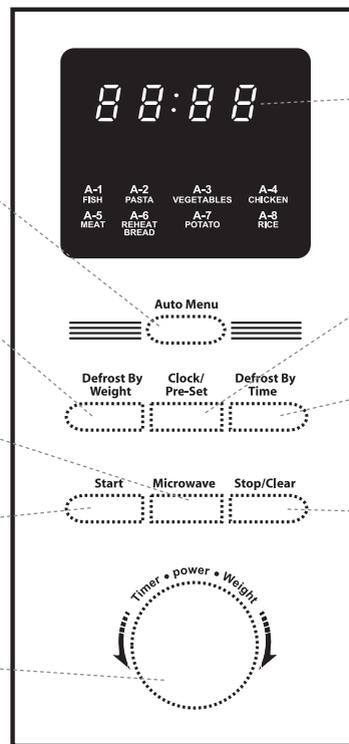
Auto menu button
To quickly set cooking times for certain foods

Defrost by weight buttons
Use this button to select the defrost by weight function

Microwave button
Use this button to select microwave power

Start button
Use this button to start cooking.

Timer/Power/Weight setting
For setting time, power and weight



LCD display
Shows the clock or cooking time/setting

Clock/pre-set button
Use this button to setting clock and preset

Defrost by time button
Use this button to set defrost by time

Stop/Clear button
This button will stop cooking and clear cooking settings.

Introducing microwave cooking

Always remember the basic safeguards you would follow when using any cooking equipment or handling hot food.

This page gives some of the basic guidelines for microwave cooking. If you are unfamiliar with using a microwave, there is more information at the back of this instruction booklet.

Cooking with a microwave



Cooking with a microwave is much faster than conventional cooking and, whilst you should make sure that food is fully cooked, you should be careful not to overcook it.



If you are cooking a number of individual foods at the same time, such as baked potatoes or small cakes, arrange them evenly on the turntable so that they cook evenly. Never stack food in your microwave.



Meat and poultry which is cooked for 15 minutes or more will brown lightly in its own fat. Anything cooked for a shorter time can be brushed with a browning sauce to give an appetising colour.



Microwave energy can heat unevenly so stirring to distribute heat is very important. Always stir from the outside towards the centre.



Turn larger foods such as meat roasts and poultry during cooking so that the top and bottom cook evenly. It is also a good idea to turn chops and chicken pieces, especially if they contain the bone.



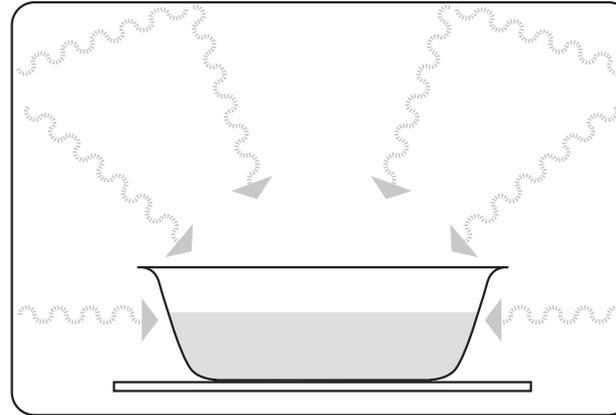
Strips of aluminium foil can be used to cover the thinner pieces of food to stop them overcooking before the thicker parts of the food have had a chance to cook. Use the foil sparingly and wrap around the food or container carefully to stop it touching the inside of the oven which could cause sparks.

You should always have your microwave checked if it is dropped or damaged.

Microwave ovens cook food using microwave energy that is similar to naturally occurring radio waves. Normally, these "waves" would fade as they disappeared into the atmosphere but in a microwave oven they are concentrated onto food causing it to heat up.

Microwave energy can not pass through metal – so it can not escape from inside your microwave oven – but it can pass through materials like glass, porcelain, plastic and paper. These are the things used to make *microwave-safe* cooking equipment.

Microwave-safe cooking equipment will still get hot as the food it contains heats up.



The microwave energy focuses on the moisture in the food causing lots of tiny vibrations. The vibrations get so great that the moisture – and the food – heat up.

Checking your cooking utensils

Most heat-resistant, non-metallic cooking utensils are safe to use in your microwave. If you are not sure you can use a utensil in your microwave, follow this simple test:

- 1 Put the utensil into the oven next to a cup of water – use a cup that you know is microwave-safe. Close the door
- 2 Turn the microwave oven on for 30 seconds only.
- 3 At the end of the time, carefully check to see if the water has warmed up. If the water has not warmed up but the utensil has, the utensil is not microwave-safe and should not be used in the oven.

Introducing microwave cooking

Safety



Never use equipment made of metal, except foil in your microwave oven. The microwave energy can not pass through the metal so it bounces off and sparks against the inside of the oven.

Stop the microwave straight away if any equipment does cause sparks.

Remember that some crockery has a metal trim around the edge. Even this trim can cause sparks.

Safety



Never use scratched, cracked or damaged glass in a microwave. Damaged glass can explode.

Introducing microwave cooking

More about getting the most from microwave cooking

Microwave heating categories

Your oven has been tested and labelled to meet the government's voluntary agreement on the reheating of pre-cooked food.

Remember

Always check that the food is evenly cooked and piping hot before you serve it.



900W is the output power of the oven.

E is the heating category for your oven.

Check the cooking times for category E on the food's packaging to see how long it should be cooked for.

To Microwave: Remove outer packaging. Pierce film lid SEVERAL TIMES. Place on a microwaveable plate. Heat on full power. Turn halfway through heating.

	Heating Category		Wattage (IEC 705)	
	B	D	650W	750W
Full Power	2	2	2	2
Turn	Turn		Turn	
Full Power	2	1.5	2	1.5
Standing Time	1	1	1	1
	Minutes		Minutes	

To Microwave from Frozen: Remove outer packaging. Pierce film lid SEVERAL TIMES. Place on a microwaveable plate. Heat on full power. Turn halfway through heating.

	Heating Category		Wattage (IEC 705)	
	B	D	650W	750W
Full Power	3	2.5	3	2.5
Turn	Turn		Turn	
Full Power	4	3.5	4	3.5
Standing Time	1	1	1	1
	Minutes		Minutes	

The heating characteristics and output power levels of microwave ovens are usually calculated using a relatively large portion of food (a 1000 gram load, IEC 705) but many packs of pre-cooked food are sold in smaller packs, often about 350 grams. The government, in partnership with food companies and microwave manufacturers, have set up a system of heating categories to help you choose the reheating time for pre-cooked food.

Steam

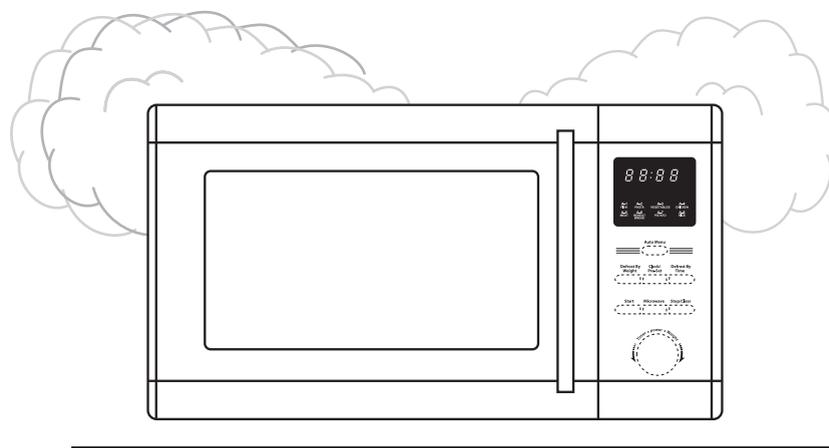
When you microwave food, steam is created as water in the food heats up and evaporates.

The steam formed during microwave cooking is entirely safe. It has to escape from the microwave to prevent pressure from building up inside the oven. It does this through the vents on the back of the oven and from around the door.

Condensation

As the steam cools, you may find the condensation gathers in small pools inside your microwave and on the work surface beneath the door and vents.

Always dry the oven after cooking foods with a high moisture content.

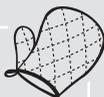


Your microwave is designed to let steam escape from the vents and around the door without microwave energy escaping. There is no danger of microwave energy escaping with the steam.

Introducing microwave cooking

Safety

For your safety, the microwave stops if the oven door is opened during cooking. Close the door to continue the cooking cycle.



Hint

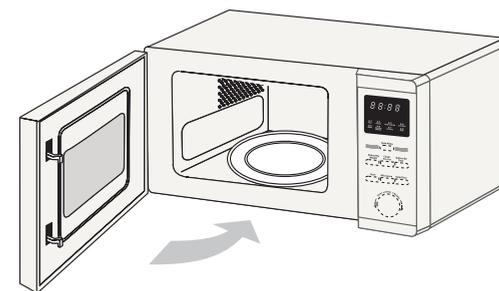
You can stop cooking at any time so that you can; check the food, turn the food over, stir it or leave the food to stand.



Checking your microwave

Check your microwave is working after unpacking and whenever you think it might not be working properly.

- 1 Pull handle to open the door.
Put the turntable ring inside the oven and place the glass turntable on top of the ring. The turntable is shaped to sit securely on the spindle.
You must always use the turntable and ring whenever you use the microwave.
Place a cup of water on the turntable. Make sure the cup is microwave-safe – it should not have any decorative metal trim.



- 2 Close the oven door.

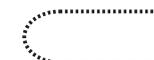
- 3 Press the "Stop/Clear" button to clear any settings that have already been made.

Stop/Clear



- 4 Press the "Start" button once.
The oven light comes on during cooking.

Start



- 5 When cooking finishes, the water should be hot - be careful when you take the cup out of the oven.
Press the "Stop/Clear" button.

Stop/Clear



Setting the Child Lock

The child lock is a safety feature which when set will lock all of the buttons on your microwave. This prevents your microwave being used accidentally, though your microwave door will still open.

-
- 1** To Lock: Press "Stop/Clear" for 3 seconds, there will be a long beep denoting entering into the children-lock state and screen will display "  ".



-
- 2** To Unlock: Press "Stop/Clear" for 3 seconds, there will be a long "beep" denoting that the lock is released.



Setting the child lock

Hint



Your oven has a safety feature that prevents children from using your oven. Once the child lock is set, you will be unable to use any functions, and no cooking can take place. However, your child can still open the oven door.

Using the microwave

Basic microwave cooking and reheating

Hint:

Starting and stopping cooking

It is possible to check cooking progress at any time, by opening the door and inspecting the food. This interrupts the emission of microwave energy and the oven stops working until the door is closed again.

To resume cooking, close the door, and press the Start button.

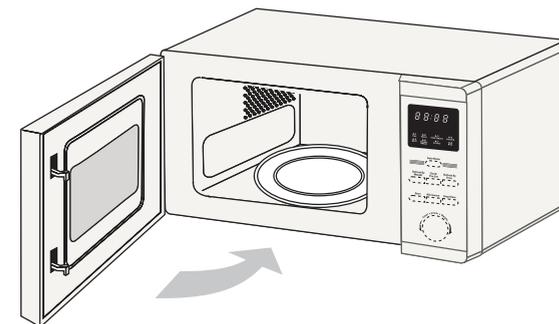


1 Press the "Stop/Clear" button.

Stop/Clear

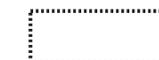


2 Make sure the glass turntable and the turntable ring are inside the oven.



3 Press "Microwave" once, the screen displays "P100".

Microwave



Using the microwave

4 Turn the "Time/Power/Weight" to select the microwave power you need. "P100", "P90", ..., "P20", "P10" will be displayed in order.



5 Press "Microwave" to confirm.



6 Turn "Time/Power/Weight" to adjust the cooking time. The maximum time can be set is 95 minutes.



7 Press "Start" to start cooking. Time counts down. ":" will light.



Ten power levels are available.

Level	10	9	8	7	6	5	4	3	2	1
Power	100%	90%	80%	70%	60%	50%	40%	30%	20%	10%
Display	P100	P90	P80	P70	P60	P50	P40	P30	P20	P10

Hint
 If you do not open the oven door or press Stop/Clear when cooking time has elapsed, your microwave power will stop automatically.





Hint

The quick start feature allows you to set 30 seconds intervals of HIGH power cooking with the touch of the Start button.

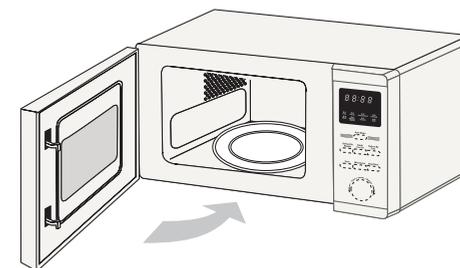
Quick start cooking

This function is useful when heating small amounts of food or drink, or for adding an extra 30 seconds when cooking time has already elapsed.

- 1 Put the turntable ring inside the oven and place the glass turntable on top of the ring. The turntable is shaped to sit securely on the spindle.

You must always use the turntable and ring whenever you use the microwave.

Close the oven door.



- 2 When the oven is in the waiting state, press "Start" to start cooking with full microwave power for 30 seconds. Each press will increase 30 seconds. The maximum cooking time is 95 minutes. Under the state of microwave, 30 seconds can be added by pressing "Start". The power remains unchanged. (It cannot work under defrost, auto menu and multi-stage function.)

Start

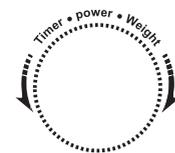


Auto Menu

1 In waiting state, press "Auto Menu" or turn "Time/Power/Weight" left, "A-1" flash.



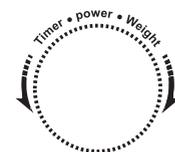
2 Keep pressing "Auto Menu" or turn "Time/Power/Weight" to choose the menu you need. "A-1", "A-2"...."A-8" display in order.



3 Press "Start" to confirm.



4 Turn "Time/Power/Weight" to choose the weight or portion.



5 Press "Start" to start cooking.



Microwave cooking

The automatic menu procedure:

Food Type	Weight (g)	Cook time	Comments
A-1 Fish	1 2 3	4'30" 7'00" 9'00"	1=200g 2=400g 3=600g Thick pieces of food will take longer to cook than thin pieces, ensure food is cooked through before consuming.
A-2 Pasta	100 150 200 250	15'00" 16'30" 18'00" 19'30"	- Add 270g of cold water - Add 300g of cold water - Add 380g of cold water - Add 450g of cold water Cover with cling film (suitable for microwaves) and pierce with a fork before cooking.
A-3 Vegetables	150 350 500	2'00" 4'00" 6'00"	Add a few table spoons of water, cover with cling film, (suitable for microwaves) and pierce with a fork before cooking.
A-4 Chicken	200 400 600 800	4'00" 6'30" 9'00" 11'30"	Make sure food is cooked through before consuming, additional cooking maybe required, especially if thick pieces have been used.
A-5 Meat	250 350 450	3'00" 4'30" 6'00"	Make sure food is cooked through before consuming, additional cooking maybe required, especially if thick pieces have been used.
A-6 Reheat Bread	50 100 150 200	0'20" 0'30" 0'35" 0'40"	Check bread temperature before consuming.
A-7 Potato	1 2	4'10" 7'00"	1=100g 2=200g For best results once the potatoes are cooked-wrap them in tin foil for at least 5 minutes to cook through.
A-8 Rice	1 2	9'00" 15'30"	1=50g Rice, add 250g cold water. 2=100g Rice, add 500g cold water.

Note: The density and thickness of food can affect its cooking time, make sure all food is piping hot and cooked through before serving. It is essential that food is checked during and after a recommend cooking time, even if AUTO MENU has been used.

Setting the clock

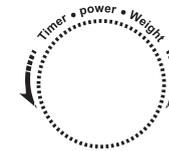
When the microwave oven is power on, screen will display "0:00", buzzer will ring once.

1 Press "Clock/Pre-set" to choose 12 hour system or 24 hour system.

Clock/
Pre-Set



2 Turn "Time/Power/Weight" to adjust the hour figures, the input time should be within 0-23 or 1-12.

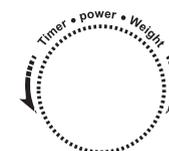


3 Press "Clock/Pre-set", the minute figures will flash.

Clock/
Pre-Set



4 Turn "Time/Power/Weight" to adjust the minute figures, the input time should be within 0-59.



5 Press "Clock/Pre-set" to finish clock setting. ":" will flash, and the time will light.

Clock/
Pre-Set



Program set in Advance

1 Set the clock first. (Consult the instruction of clock setting.)

2 Input the cooking program. Three stages can be set at most. Defrosting should not be set under preset function. Auto menu cannot be one of the stages.

Example: If you want to cook the food for 20 minutes with 100% microwave power .

- Press "Microwave" pad twice, the screen display "P100".
- Turn "Time/Power/Weight" to select cooking Time.
- Be careful! Please do not press "Start" to start cooking at the last step.

Microwave



3 Press "Clock/Pre-set", the hour figures will flash.

Clock/
Pre-Set



4 Turn "Time/Power/Weight" to adjust the hour figures, the input time should be within 0-23 or 1-12.

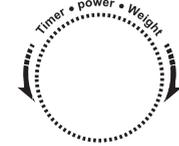


5 Press "Clock/Pre-set", the minute figures will flash.

Clock/
Pre-Set



6 Turn "Time/Power/Weight" to adjust the minute figures, the input time should be within 0-59.



7 Press "Start" to finish setting.
When time arrives, buzzer sounds twice to start cooking.
If the door is not closed well, the procedure will wait.

Start



Multi-section cooking

At most 3 sections can be set for cooking. In multi-section cooking, if one section is defrosting, then defrosting shall be placed in the first section.

Note: Auto menu cannot be one of the multi-stage.

Example: If you want to use "20 minutes of 100% microwave power + 5 minutes of 80% microwave power" to cook.

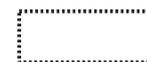
1 Press "Microwave" pad the screen display "P100".

Microwave

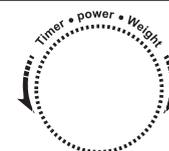


2 Press "Microwave" to select 100% microwave power.

Microwave

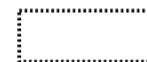


3 Turn "Time/Power/Weight" to select cooking time.

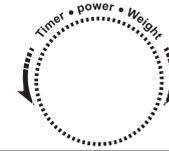


4 Press "Microwave" pad, the screen display 100% microwave power.

Microwave

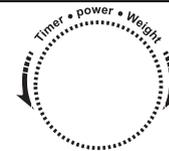
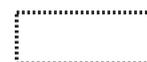


5 Turn "Time/Power/Weight" to adjust 80% microwave power.



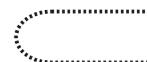
6 Press "Microwave" pad, then turn "Time/Power/Weight" tselect cooking time of 80% microwave power.

Microwave



7 Press "Start" to start cooking or press "Stop/Clear" to cancel the setting. The unit will turn back to the clock state.

Start



Stop/Clear



Hint



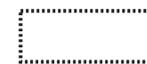
During two stage cooking the oven door can be opened and food checked. Close the oven door and press Start and the cooking stage will continue.

If you wish to clear the programme press Stop twice.

Inquiring Function

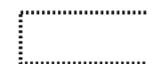
1 In microwave cooking state, press "Microwave", the current power will be displayed for 2-3 seconds.

Microwave



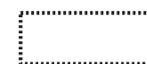
2 In cooking state, press "Clock/Pre-set" to inquire the time and the time will flash for 2-3 seconds.

**Clock/
Pre-Set**



3 In cooking state, press "Clock/Pre-set" to check the preset time. It will be displayed for 2-3 seconds.

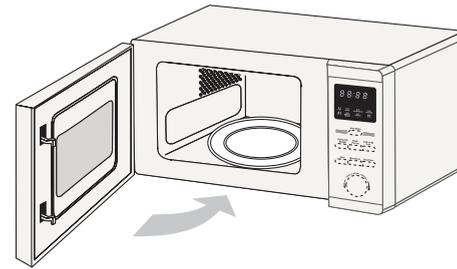
**Clock/
Pre-Set**



Defrosting

Defrost by Weight

- 1 Make sure the glass turntable, turntable ring and defrost rack are inside the oven.
After putting your frozen food in the oven on the defrost rack, close the door.
Press the "Stop/Clear" button.

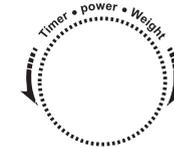


- 2 Press "Defrost by Weight" button. LED will display "DEF1".

Defrost By Weight



- 3 Turn "Time/Power/Weight" to select the weight of food, its range is 100-2000g.



- 4 Press "Start" to start defrosting.

Start



Defrosting



Hint

You may wish to place the frozen food onto a plate or dish before placing it onto the defrost rack. This will ensure the food load is contained

While the Oven is defrosting, open the oven door, turn the food over and separate to ensure even thawing, close the door. Press the "Stop/Clear" button

Your oven will not stop defrosting unless the door is opened.

Note

The defrost rack is not included/supplied in this microwave package.

Defrosting

Note

The defrost rack is not included/
supplied in this microwave
package.



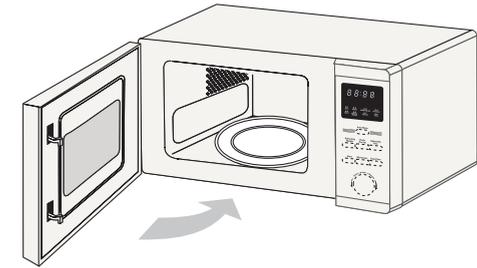
Defrost By Time

1 Make sure the glass turntable, turntable ring and defrost rack are inside the oven.

After putting your frozen food in the oven on the defrost rack, close the door.

Press the "Stop/Clear" button.

Stop/Clear

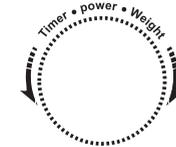


2 Press "Defrost by Time" button. LED will display "dEF2"

Defrost By Time



3 Turn "Time/Power/Weight" to select the cooking time. The maximum time is 95 minutes.



4 Press "Start" to start defrosting.

Start



Cleaning your microwave

Cleaning your oven each time you use it will help to prevent stubborn marks that can be difficult to clean.

The oven walls have a special enamel coating which makes cleaning very easy. Use a soft damp cloth to wipe off any splashes or a paper towel to mop up any spills. Wipe off grease with a damp cloth and a little detergent. Dry thoroughly. As with any oven, if grease is left to accumulate, it can smoke and even catch fire.

Keep the front of the oven clean so that the door can close properly.

Be careful not to spill water into the vents.

Unplug the oven before cleaning the power lead. Wipe with a damp cloth and leave to dry before plugging it back in.

Do not remove wave guide cover: It is important to keep cover clean in the same manner as the inside of the oven. If grease is left to accumulate, it can smoke and even catch fire.

Make sure you keep the outlet grids clean.

Clean behind the door ledge.

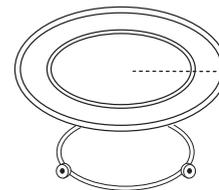
Use warm soapy water to clean the outside of the oven. Do not use abrasive pads or powders that could scratch the surface.

Unplug your oven before you clean it.

Check that the door catches are clean.

Keep the inside of the door clean with a damp cloth. Use warm soapy water for stubborn marks and dry thoroughly.

The inside of the door has a special coating and must not be cleaned with abrasive pads or cleaning powders



Treat the turntable as you would any glass plate. After you have used it for more than 15 minutes, allow it to cool down before you use it again. Do not wash the turntable in very hot water that could crack it.

Make sure the turntable is dry before you put it back in the oven.

Do not remove any fixed parts from the inside of your microwave oven during cleaning or at any other time.

Cleaning

Caution

Pay attention to the area around the wave guide cover which if not regularly cleaned can collect food residue creating a potential fire hazard.

Warning

Ensure you unplug your microwave from the mains and wait for the oven to cool down completely before cleaning.

Using aluminium foil in your microwave

It is safe to use aluminium foil in your microwave oven as long as you follow these safety guidelines.

As with all metal, microwave energy can not pass through foil, but provided that you keep the foil away from the side of the oven it will not cause sparks and there will not be any damage to your oven.

Using foil is a good way of shielding parts of food that you do not want to cook as quickly as others – perhaps where the food is narrower and would otherwise overcook.

Place the foil over the area you want to shield, taking care that the foil will not touch the sides of the oven when the turntable rotates. Only use one piece of foil at a time so that you do not get sparks between the separate pieces.

Follow these guidelines when using foil in your microwave:

Remove foil lids from containers before using in the microwave. Some lids are made of card with a foil covering – these should be removed too.

Use a microwave-safe transparent lid if possible.

Stir food during cooking if the container has a lid or film cover.

Always use the glass turntable.

Use shallow containers with a large surface area. Do not use containers that are more than 1.25in (3.5cm) deep.

Use oven gloves when handling hot foil containers.

Do not completely cover food with foil. The microwave energy cannot pass through the foil so the food will not cook.

Do not let aluminium foil touch the inside of the oven.

Do not use more than one piece of foil in the oven at the same time.

Questions and answers

Q Why does not food seem to cook?

A Check that:

- the cooking time has been set
- the door is closed
- the power socket is not overloaded causing a fuse to blow.

Q Why does the food seem undercooked or overcooked?

A Check that:

- the correct cooking time has been set
- the correct power setting has been used.

Q How can I stop eggs from popping?

A When you bake or poach eggs in the microwave, the yolk can sometimes pop as steam builds up inside it. You can stop the egg from popping by piercing the yolk with a toothpick before cooking. Never cook eggs that are still in their shells.

Q Why is it so important that I allow standing time after cooking?

A With microwave cooking, many foods build up enough heat inside them to continue cooking even after they have been taken out of the oven. Because microwave cooking works from the outside of food inwards, standing time lets you cook the centre of the food just right without the outside being overcooked.

Q Why does my oven sometimes take longer to cook than it says in the recipe?

A First check that the oven was set just as the recipe said.
Cooking times and heat settings are suggestions to help prevent overcooking but differences in the weight, size, shape and starting temperature of food will all affect how long it takes to cook – just as it does with a conventional oven.
Use your judgement along with the recipe to check whether food has been cooked properly.

Q Why do I get condensation on the inside of the oven door?

A Condensation is perfectly normal, especially when you are cooking food with a high moisture content such as potatoes.

If you have a problem that can not be answered by these points, please contact your nearest store.

Please note: If you call a Mastercare engineer out to your home and the product is found not to be faulty, or the instruction book has not been followed, our product guarantee is not applicable and a call-out fee will be charged.

Q Does the microwave energy get through the window on the door?

A No. The door has a special metal screen with holes in that lets you see inside but stops microwave energy from getting out.

Q Steam comes out of the side of the door and vents. Can microwave energy get out too?

A No. The door and vents are carefully designed to let steam out during cooking but keep microwave energy in. The gaps are not big enough for microwave energy to escape.

Q What happens if the microwave is switched on while the oven is empty?

A The microwave will be damaged. Do not switch the microwave on when there is nothing inside the oven. It is a good idea to keep a cup of water in the oven just in case someone accidentally starts the microwave.

Q Why will not the oven light come on?

A Open the door. If the light does not come on, the bulb has probably blown. Call a qualified repairer – don't try to change the bulb yourself.

Q There are sparks inside the oven when I use the microwave. Will this cause any damage?

A Yes. Make sure that you are not using any metal utensils and that your containers do not have a metal trim. You must not use metal in your microwave, except foil, when you cook.

Q Light is showing through the vents and door. Does this mean the microwave energy can escape?

A No. It is normal for the light to be visible and is nothing to be concerned about.

Q Why do I get interference on my TV and radio when I use the microwave?

A Microwave ovens use radio waves similar to those received by TVs and radios. You can lessen the interference by moving your microwave further away from the TV or radio.

Specification

Input	230 V~ 50Hz
Output	900 Watts
Microwave frequency	2450MHz
Outside dimensions	513mm wide x 305mm high x 430mm deep
Power consumption	
Microwave	1500 Watts

Dimensions shown are approximate.

Because we continually strive to improve our products, we may change specifications without prior notice.



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This symbol on the product or in the instructions means that your electrical equipment should be disposed at the end of life separately from your household waste. There are separate collection systems for recycling in the EU. For more information, please contact the local authority or your retailer where you purchased the product.

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The highest quality requirements are placed on our appliances. However, should a malfunction occur for which you cannot find any information in the operating instructions, please contact the store where you purchased your appliance.

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